

Health & Safety *At a Glance*

Data From Background Information

This information provided by agencies prior to visit
(61.54% from case managers or service coordinators)

-Average number of people visited over past 4 years who require medical care:

At least once a week- 6.48% At least once a month- 14.47%
Less than once a month- 66.69% At least once a week- 6.48%
Don't know-12.36%

-When was last physical exam? 4 year average

In past year- 81.89% Over 1 year ago- 6.87% Don't know-11.24%

-Of the 715 women visited, when was her last OB/GYN exam? (4 yr average)

In past year- 51.61% Over 1 year ago- 9.54%
Has never had one-6.59% Don't know-35.26%

-When was last dental exam? 4 year average

In last 6 months: 58.63% Over 6 months ago: 17.12 Don't know: 24.26%

-Is weight a concern for this person? 4 year average

No- 56.77% Yes, is overweight- 32.06% Yes, is underweight- 5.49% Don't know- 5.68%

-Does this person smoke or chew tobacco? 4 year average

No- 91.87% Yes- 6.01% Don't know- 2.12%

-How physically active is this person? 4 year average

Moderately- 59.81% Inactive- 24.26% Very active- 11.57% Don't know- 4.36%

-31% of people visited are at home alone for varied amounts of time

Health & Safety

At a Glance

Data From Visits

Medical

- 53.5% people understand why they take medication (3 year average)
 - 92.3% said their doctor is nice to them (3 year average)
- 82.5% said their dentist was nice to them (3 year average)
 - 3.7% do not have, but need a dentist (3 year average)
 - In 2008, 1.28 % needed a doctor
 - In 2008, 3.85% needed a dentist

Fire Safety

- 5.75% average of people visited appeared able but could not give a response to our fire safety question
 - 69.93% gave responses
 - 24.32% appeared unable to give a response
- Of the people who said they would call 911 or the fire department 77.24% demonstrated accurately
 - 60.87% answered they have fire drills

ID

- 71% have a photo ID, 29% do not
 - 12% had IDs with an old address
- 24% said they had IDs but did not show it
 - 44% said they carry it when they go out
- 24% said they had IDs but did not show it

Health & Safety At a Glance

Data From Visits, continued

These questions were taken from the CDC questionnaire and were not part of the NCI project.

-Does someone take your things without asking you first? (4 year average)

-Yes/Sometimes- 12.21% (av.31.25 people/year) -Happened long ago (2008 only)- 0.64%
-No- 85.68% -Don't know, NR, UR- 1.96%

-Who takes your things without asking? Of the people saying yes or sometimes:

-Peer- 72.9% -Family(including siblings)- 8.98% -Staff- 5.06% -Other- 2.61% -Don't know, NR, UR- 17.00%

-When someone took your things without asking, what did you do? Of the people saying yes or sometimes, the top 5 answers were:

1. Tell staff/agency- 65.43% 2. Tell person directly -14.89%
3. Tell family - 12.23% 4. Choose to do nothing- 10.40% 5. Let others know by their actions- 4.26%

-Does anyone ever do mean things to you, such as yell at you? (4 year average)

-Yes/Sometimes- 18.82% (av.71.75 people/year) -Happened long ago (2008 only)- 0.64%
-No- 78.78% -Don't know, NR, UR- 2.25%

-Who is mean to you or yells at you? Of the people saying yes or sometimes:

-Peer- 66.35% -Family(including siblings)- 9.41% -Staff- 6.69% -Other- 9.28% -Don't know, NR, UR- 1.72%

-When someone did mean things to you, what did you do? Of the people saying yes or sometimes, the top 5 answers were:

1. Tell staff/agency - 58.48% 2. Get away, walk away -17.65%
3. Tell person directly -19.38% 4. Choose to do nothing- 13.84% 5. Tell family- 10.03%

- Does anyone ever hit or hurt your body? (4 year average)

-Yes/Sometimes- 9.99% (av.38 people/year) -Happened long ago (2008 only)- 2.56% -No-87.55% -Don't know, NR, UR- 1.82%

- Who hits you or hurts your body? Of the people saying yes or sometimes:

-Peer- 74.9% -Family(including siblings)- 11.89% -Staff- 7.46% -Other- 3.57% -Don't know, NR, UR- 2.18%

-When someone hit you or hurt your body, what did you do? Of the people saying yes or sometimes, the top 5 answers were:

1. Tell staff/agency- 52.66% 2. Tell family- 11.24%
3. Tell person directly- 10.65% 4. Get away, walk away - 10.06% 5. Would choose to do nothing- 8.28%

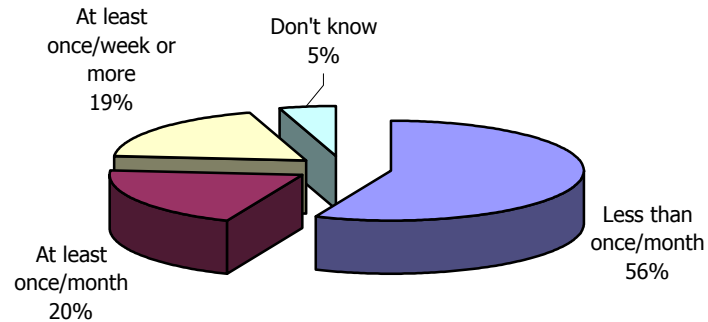
- What would you do now? Top 5 answers averaged from 2006-2008 are:

1. Tell staff/agency - 51.02% 2. Tell family - 14.35%
3. Get away, walk away - 11.43% 4. Let others know by person's actions - 11.07% 5. Call police - 10.63%

Frequency of Medical Care

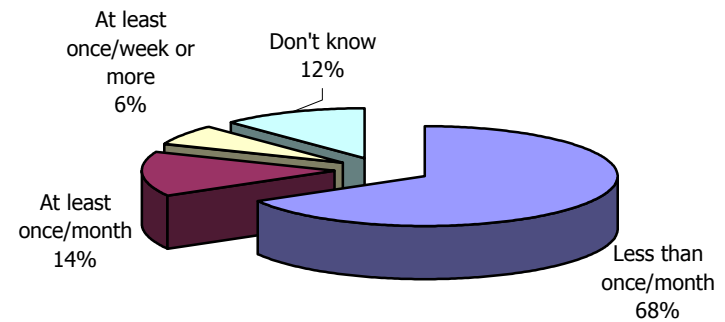
How often does this person require medical care?

1999-2004



How often does this person require medical care?

2005-2008

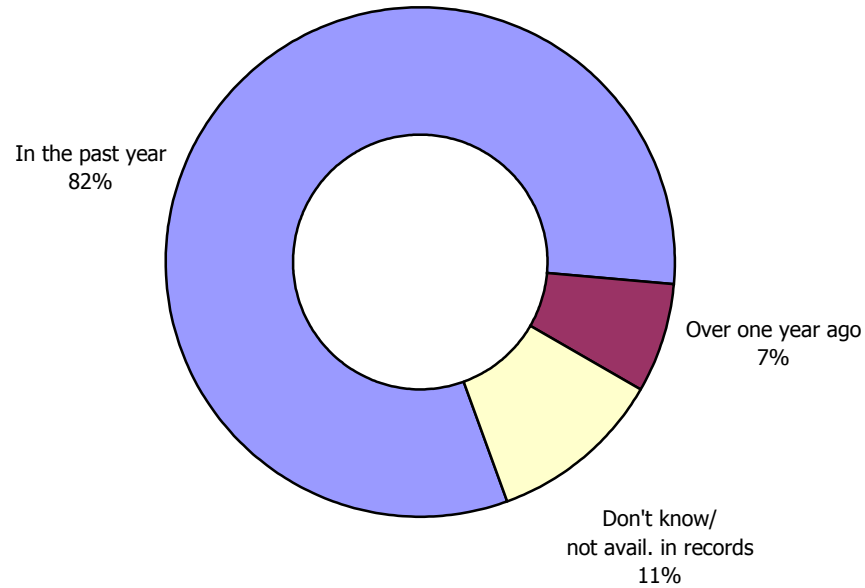


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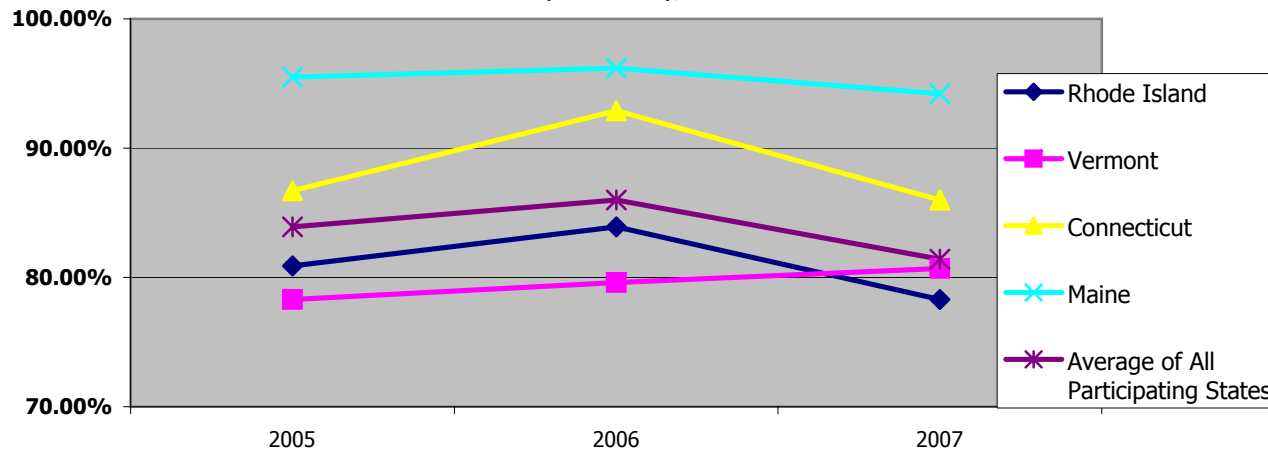
- People who need medical care at least once/week or more has gone down over the last 9 years:
1999 thru 2004 average- 19% 2005 thru 2008 average- 6.48%
- People who need medical care at least once/month has gone down over the past 9 years:
1999 thru 2004 average- 19.0% 2005 thru 2008 average- 6.48%
- People who need medical care less than once/month has gone up over the past 9 years:
1999 thru 2004 average- 56.3% 2005 thru 2008 average- 66.69%
- These outcomes show that agencies reported more people need less medical care. We are not sure why this is...are people healthier? Have budget cuts impacted the amount of nursing available? Whatever the reasons, the medical model has lessened, which is a good outcome. People who truly need medical attention get it, but it is not over-provided for people who are healthy.

Medical Appointments- Physical Exam

Rhode Island- When was his/her last physical exam?



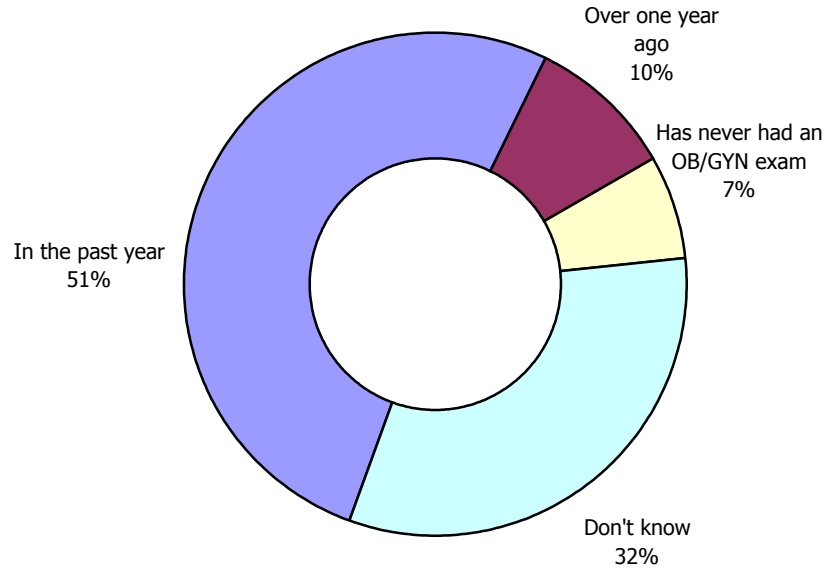
Percent of people who had a physical exam within the past year.
(2005-2007), NCI Data



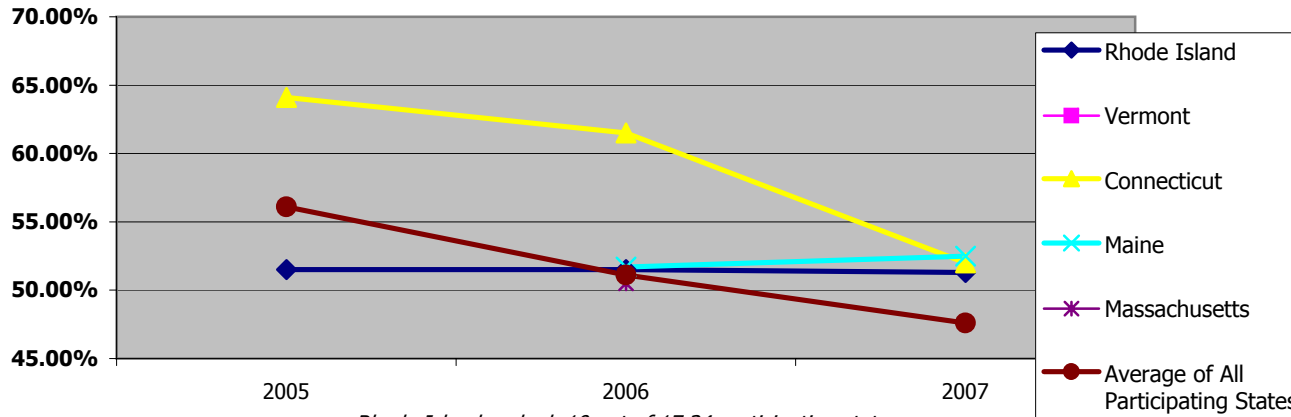
Rhode Island ranked 13.34 out of 18.67 participating states
(3 year average, variable number of states per question, per year)

Medical Appointments- OB/GYN Exam

If female, when was her last OB/GYN exam?



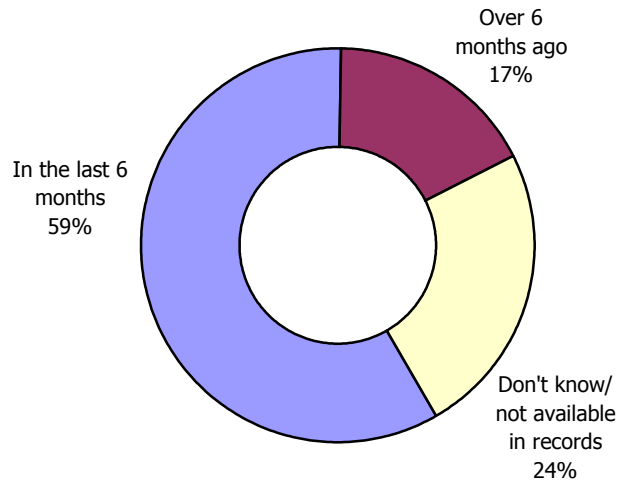
Percent of people who had a gynecological exam within past year.
(2005-2007), NCI Data



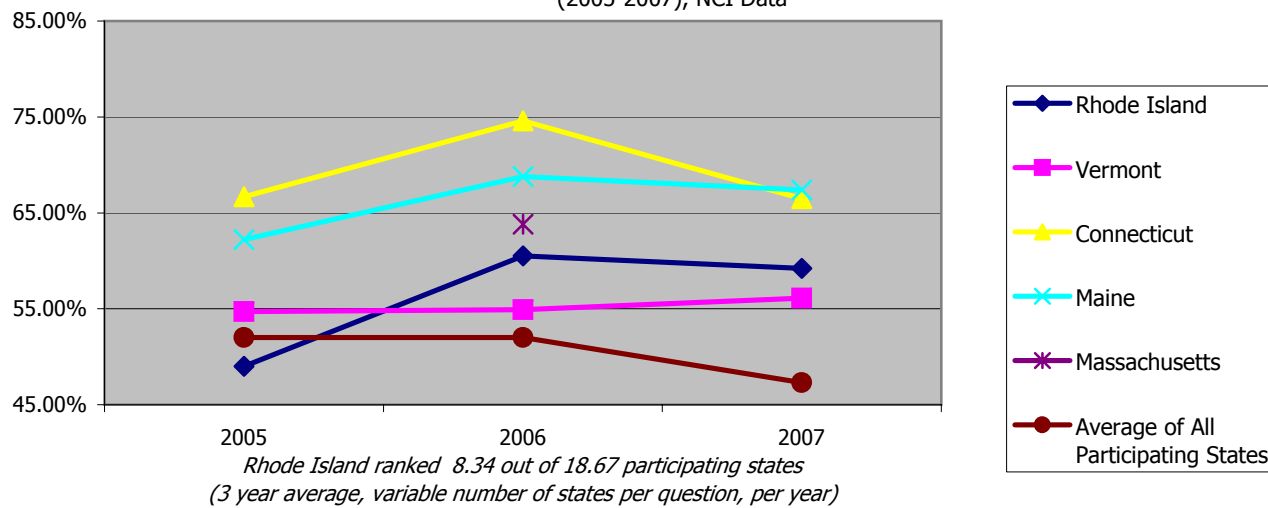
*Rhode Island ranked 10 out of 17.34 participating states
(3 year average, variable number of states per question, per year)*

Medical Appointments- Dental Visit

When was his/her last dental visit?



Percent of people who had a routine dental exam in the past six months. (2005-2007), NCI Data



Comments on Medical Appointments

Comments:

Annual Physical:

- Decline in physicals, comparing averages:
1999 thru 2004 average- 89.2% 2005 thru 2008 average- 81.89%
- The decline in physicals in the last year went down to 81.89%;
however in 2008 85.58% had physicals within the last year.
- When compared to other participating NCI states from 2005-2007, Rhode Island's average rank was 13.3 for an average of 18.66 participating states, which is less than satisfactory for annual physical exams.

OB/GYN:

- Slight decline in OB/GYN appointments within 4 project years, comparing averages:
1999 thru 2004 average- 64.5% 2005 thru 2008 average- 61.61%
- When compared to other participating NCI states by HSRI for years 2005-2007 RI ranked an average of 10 of 17.3 participating states.

Dental:

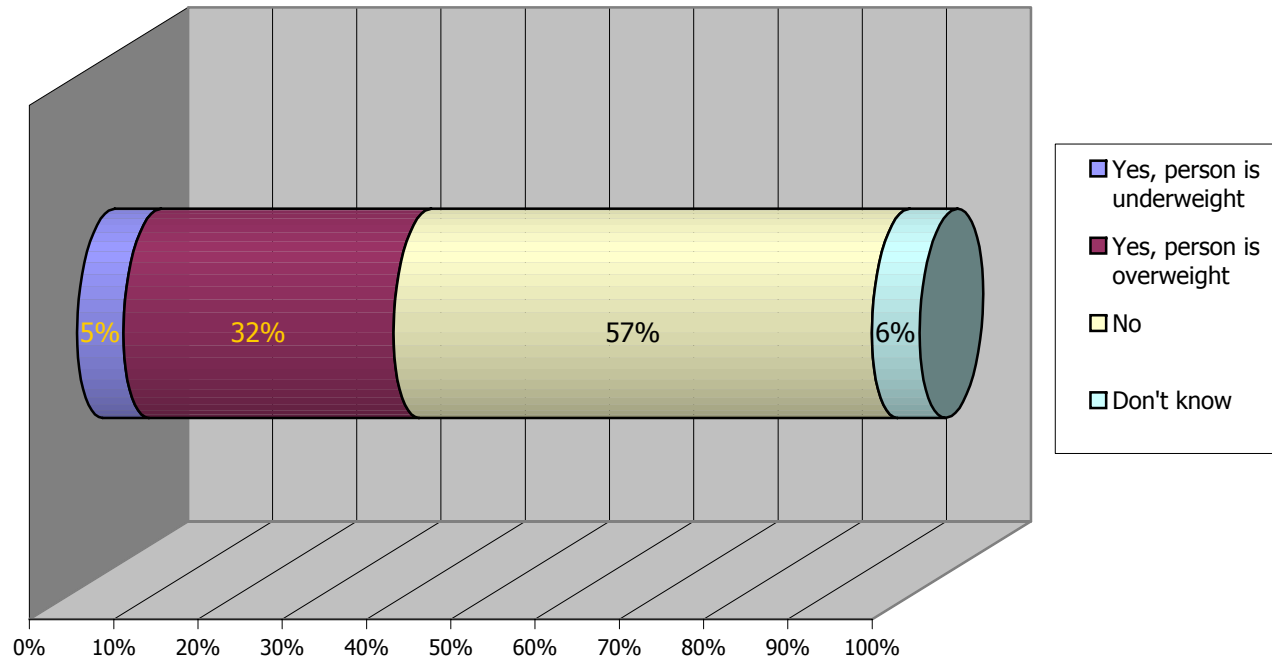
- Improvement in 6 month dental exam in last 6 months from 48.96% in 2005 to 66.35% in 2008
- Decline in dental exams in last 6 months, comparing averages:
1999 thru 2004 average- 67.2% 2005 thru 2008 average- 58.63%
- When compared to other participating NCI states, dental exams within the last 6 months for years 2005-2007 RI ranked an average of 8.3 of 18.6 participating states. Rhode Island was above the states average in 2 of the 3 years.

Other:

- It has been difficult to find dentists who take Medicaid! Numerous people we have visited, who live with their families, have had problems finding dentists and oral surgeons.

Wellness Information- Weight

Is weight a concern for this person?



CDC overweight/obesity stats

Percent of non-institutionalized adults age 20 years and over who are overweight or obese: 66.3
Percent of non-institutionalized adults age 20 years and over who are obese: 32

BMI Weight Category

Less than 18.5 Underweight
18.5-24.9 Normal weight
25.0-29.9 Overweight
30.0 or more Obese

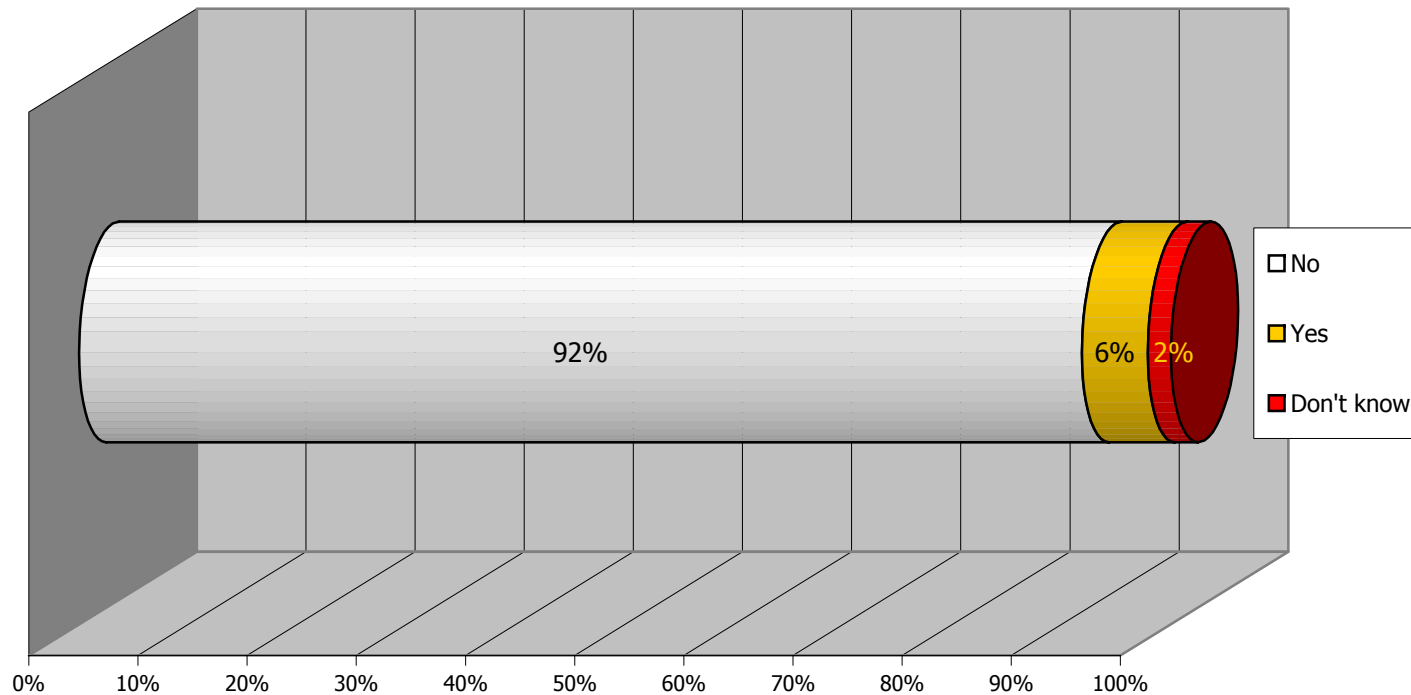
Source: U.S. Centers for Disease Control and Prevention

CDC underweight stats

The youngest adults (ages 18-24) and the oldest (65 and over) were about twice as likely as adults in other age groups to be underweight.

Wellness Information- Tobacco

Does this person smoke or chew tobacco?



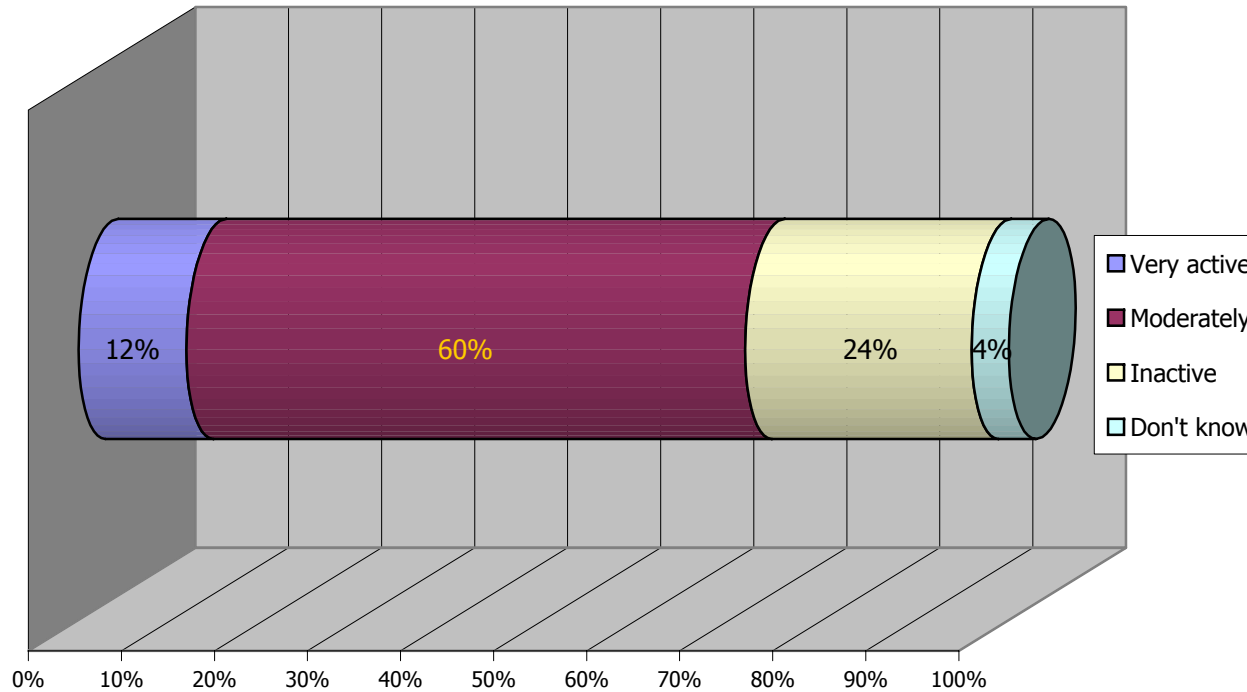
CDC Smoking Stats

Although smoking rates have declined over the years, more than one in five Americans smoke. In 2004, this included about 21 percent of adults and more than 22 percent of high school students. Consequently, smoking is the leading cause of premature death in the United States.

http://www.cdc.gov/tobacco/data_statistics/state_data/data_highlights/2006/index.htm

Wellness Information- Physical Activity

How physically active is this person?



CDC Regular Physical Activity Stats

To examine changes in the prevalence of regular physical activity from 2001 to 2005, CDC analyzed data from the Behavioral Risk Factor Surveillance System (BRFSS). This report summarizes the results of that analysis, which indicated that, from 2001 to 2005, the prevalence of regular physical activity increased 8.6% among women overall (from 43.0% to 46.7%) and 3.5% among men (from 48.0% to 49.7%).

http://www.cdc.gov/nccdphp/dnpa/physical/health_professionals/index.htm

Comments on Wellness

Comments:

Weight concerns

- Although not truly comparable, the numbers of Rhode Islanders with disabilities who are overweight seem to be very close to the CDC's average for U.S. citizens who are 'obese' only and not the CDC's category 'overweight & obese'.
- Compared to NCI participating states, people in RI appeared 5% higher in concerns about weight (under & over weight) than people who live in other participating states.

Smoke/Chew Tobacco

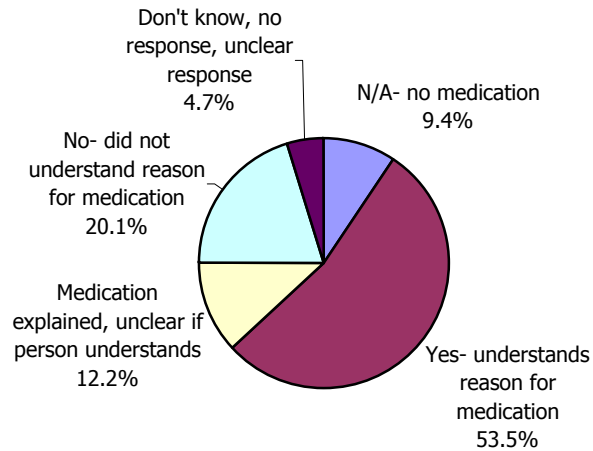
- In 2004, CDC reports 21% of adults smoke while the 4 year average of people visited in RI is 6.01%.
- Compared to other NCI participating states, there were fewer smokers visited in RI!
We ranked 4 out of 17 states in averaged data.

Activity Level

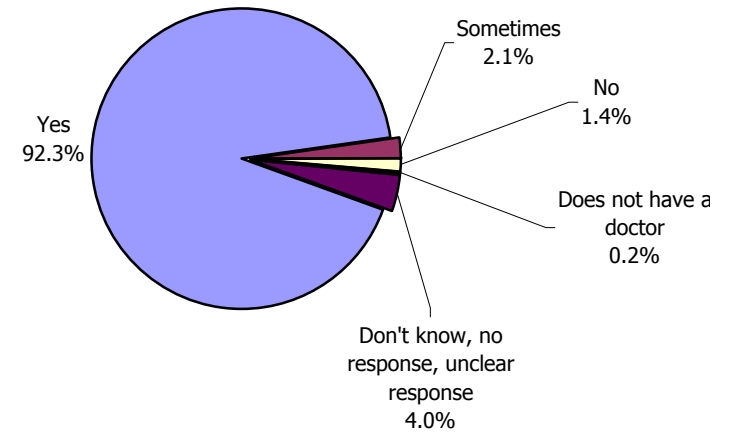
- In 2005, CDC reports 48.2 % of women & men get regular physical exercise compared to a 4 year average of 59.81% who were said to be moderately active and 11.57% of people visited who are said to be very physically active by staff in the Background Information Form.
- Rhode Islanders, compared to other NCI participating states, are right in the middle with an average ranking of 7.7 out of 16 states.

Medication, Doctors, & Dentists

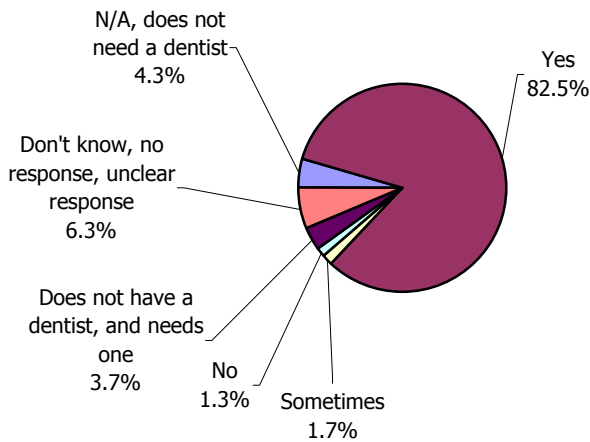
Do you take medication (pills)?
What do you take the pills for? How Do they help you?
 (2005-2007, not asked in 2008)



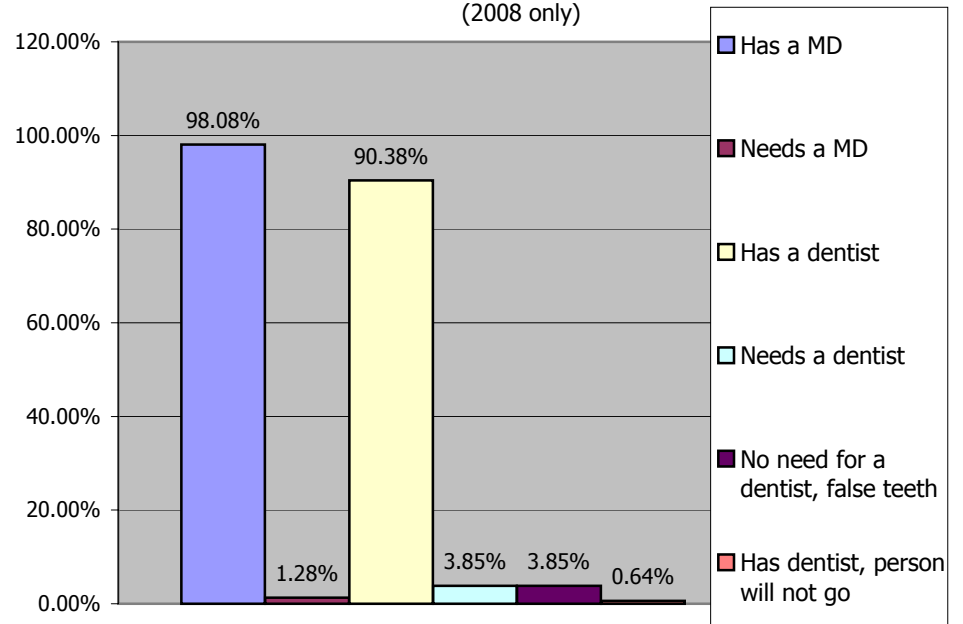
Is your doctor nice to you?
 (2005-2007, not asked in 2008)



Is your dentist nice to you?
 (2005-2007, not asked in 2008)



Do you have a doctor? a dentist?
 (2008 only)



Comments on Medication, Doctors, & Dentists

Comments:

- Due to additional questions to the questionnaire & BIF in 2008, PAL eliminated the medication question and changed the doctor/dentist question. The previous 4 questions are RI questions only and cannot be compared to other states.

- Often people could describe the medication purpose in terms they understood, for instance, an anti-depressant as their "happy pill". Although many could give the reason for a medication, sometimes they took multiple pills but only knew the purpose of one. The data does not show this but there were people who answered other questions clearly but did not know the reasons for their medication. We believe people who are able and willing will learn their medications if someone gives a reason for each medication, i.e.: "This one is to keep your heart healthy and this is to help stop your seizures".

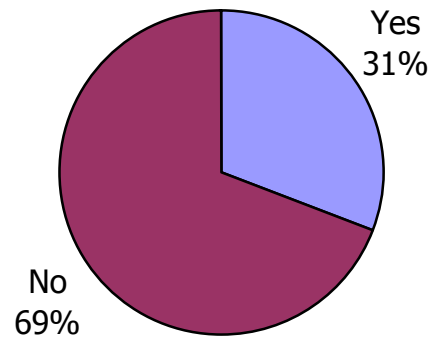
- Although the numbers are very low, there is a steady increase in people who do not have doctors:
2005- 0 persons 2006- 1 person 2007- 2 people 2008- 4 people

- Numbers of people who do not have dentists:
2005- 17 2006- 15 2007- 13 2008- 12

- People are not able to find dentists and oral surgeons who take Medicaid. PAL called many listed oral surgeons listed as accepting Medicaid for 1 family whose adult child needed a tooth extraction. After many, many calls, we found only the Thundermist Health Centers which provide dental services, including oral surgery.

Fire Safety

Is s/he ever home alone?



Comments:

- This question was added in our safety section so we could compare it to the question "If there was a fire in your home, what would you do?".
- From 1999-2004, 6.5% of the people who gave unsafe responses, receive less than daily support or no in-home support.

Fire Safety, continued

R. If there was a FIRE in your home, what would you do?

If there was a fire in your kitchen, what would you do?

(Multiple answers possible)

	2005		2006		2007		2008		4 Year Average
	#	%	#	%	#	%	#	%	
Person appeared able, did not give response	17	4.43%	27	6.70%	23	5.56%	23	7.37%	5.95%
Person appeared unable to respond	87	22.66%	100	24.81%	95	22.95%	86	27.56%	24.32%
Person was able to give a response	280	72.92%	276	68.49%	296	71.50%	203	65.06%	69.73%
Total	384	100%	403	100%	414	100%	312	100%	100%

Person's response, (Multiple answers possible)

	280 respondents:		279 respondents:		296 respondents:		203 respondents:		
	#	%	#	%	#	%	#	%	
Get out of house	196	70.00%	182	65.23%	179	60.47%	151	74.38%	67.11%
Call 911/call fire department	89	31.79%	98	35.13%	117	39.53%	65	32.02%	34.98%
Get staff, get help	8	2.86%	4	1.43%	21	7.09%	10	4.93%	4.08%
Go to a neighbor's house	3	1.07%	19	6.81%	6	2.03%	3	1.48%	2.94%
Get down and roll or run	2	0.71%	1	0.36%	8	2.70%	10	4.93%	1.99%
Pull fire alarm	6	2.14%	0	0.00%	5	1.69%	1	0.49%	1.14%
Jump out of window	6	2.14%	5	1.79%	1	0.34%	0	0.00%	1.14%
Get fire extinguisher	5	1.79%	0	0.00%	3	1.01%	2	0.99%	0.95%
Make sure everyone is out	0	0.00%	5	1.79%	3	1.01%	0	0.00%	0.76%
Call 111/991	2	0.71%	3	1.08%	2	0.68%	0	0.00%	0.66%
Nothing, stay home	3	1.07%	0	0.00%	1	0.34%	2	0.99%	0.57%
Stay home/in apartment	4	1.43%	0	0.00%	0	0.00%	1	0.49%	0.47%
Yell for help	3	1.07%	0	0.00%	0	0.00%	1	0.49%	0.38%
Get dog/cat	3	1.07%	0	0.00%	1	0.34%	0	0.00%	0.38%
Other Single answers	7	2.50%	12	4.30%	8	2.70%	6	2.96%	3.13%
Total	337		329		355		252		

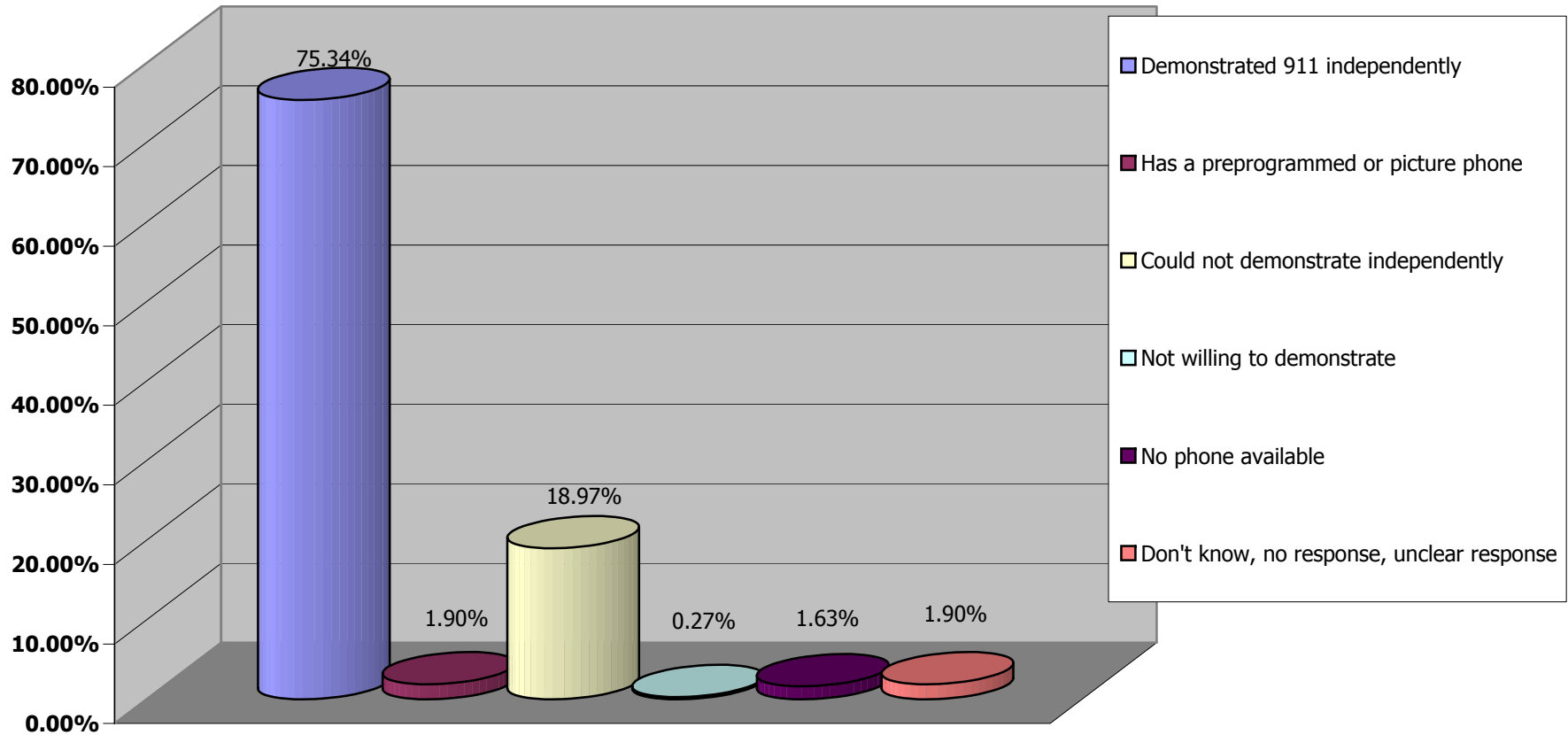
Of the responses to a fire, which responses are safe and unsafe responses?

	Positive	Negative	+/-	Total
Get out of house	+			708
Call 911/call fire department	+			369
Get staff, get help	+			43
Go to a neighbor's house	+			31
Get down and roll or run			?	21
Pull fire alarm	+			12
Jump out of window		-		12
Get fire extinguisher			?	10
Make sure everyone is out	+			8
Call 111/991		-		7
Nothing, stay home		-		6
Stay home/in apartment		-		5
Yell for help	+			4
Get dog/cat		-		4

+/- means it can be safe or unsafe, depending on how thorough the response was, or if the person had the knowledge and ability to do it

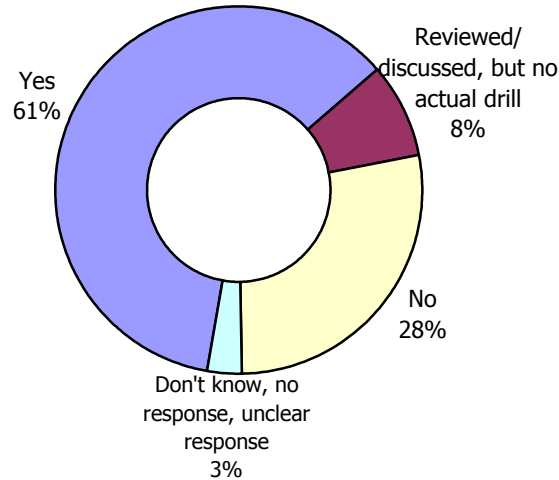
Fire Safety, continued

If they answered 'call 911' or 'call fire department' ask:
Can you show me on the phone how to dial 911?



Fire Safety, continued

Do you have fire drills at home?



What do you do (and are you told to do) when you have a fire drill at home? (Multiple answers possible)

	2005		2006		2007		2008		4 Year Average
	#	%	#	%	#	%	#	%	
N/A, no fire drills, Don't know, unclear response	163	42.45%	117	29.03%	123	29.71%	66	21.15%	31.00%
Person appeared unable to respond	57	14.84%	89	22.08%	84	20.29%	77	24.68%	20.29%
Person appeared able, did not give response	13	3.39%	8	1.99%	16	3.86%	16	5.13%	3.50%
Person was able to give a response	151	39.32%	189	46.90%	191	46.14%	153	49.04%	45.21%
Total	384	100%	403	100%	414	100%	312	100%	100%

Person's response, (Multiple answers possible)

	151 respondents:		189 respondents:		191 respondents:		153 respondents:		
	#	%	#	%	#	%	#	%	
Go outside/get out	143	94.70%	176	93.12%	175	91.62%	144	94.12%	93.27%
Stay in apartment	6	3.97%	5	2.65%	5	2.62%	4	2.61%	2.92%
Close the doors	3	1.99%	0	0.00%	0	0.00%	2	1.31%	0.73%
Call 911	2	1.32%	10	5.29%	10	5.24%	3	1.96%	3.65%
Stop, drop, & roll	2	1.32%	0	0.00%	0	0.00%	1	0.65%	0.44%
Get help	0	0.00%	2	1.06%	2	1.05%	2	1.31%	0.88%
Go in hallway	0	0.00%	2	1.06%	2	1.05%	1	0.65%	0.73%
Get family out	0	0.00%	1	0.53%	1	0.52%	2	1.31%	0.58%
Don't know	0	0.00%	0	0.00%	0	0.00%	0	0.00%	0.00%
Total	156		196		195		159		

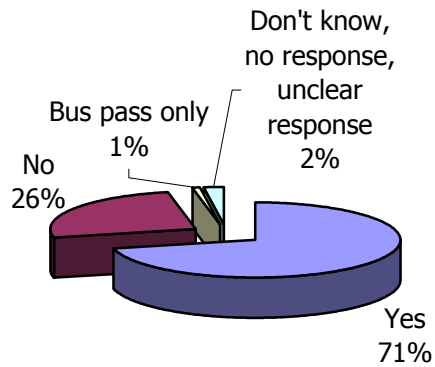
Comments on Fire Safety

Comments:

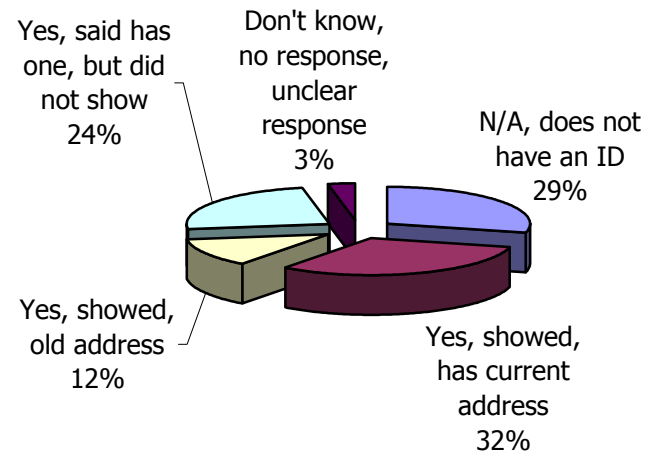
- For the question, if there was a fire IN your home or kitchen, what would you do?
The % of people who responded to the question:
1999-2004: 65.0% 2005-2008: 69.73%
- The percent of the people who responded and gave safe responses:
1999-2004: 61.1% 2005-2008: 94.76%
- gave unsafe responses:
1999-2004: 38.9% 2005-2008: 2.74%
- Unsure if response was safe (get down & roll or run and get fire extinguisher)
2005-2008: 2.50%
- From 2005 to 2008, the averaged top 3 responses were:
 1. Go outside/get out- 67.11%
 2. Call 911- 34.98%
 3. Get staff, get help- 4.08%
- Of the people who said call 911, the average number of people from 2005 to 2008:
Demonstrated how to dial 911- 75.34%
Could not demonstrate 911- 18.97%
Other responses- 5.69%
- For the question, do you have fire drills at home, the average percentage from 2005 to 2008 :
Yes- 60.87% No- 27.83%
- Reviewed but no actual drill- 8.33% Don't know, no response, unclear response- 2.97%%
- From 2005 to 2008, the averaged top 3 responses to fire drills were:
 1. Go outside/get out- 93.27%
 2. Call 911- 3.65%
 3. Stay in apartment- 2.92%
- PAL did extensive fire safety follow up & agencies worked on developing safety plans including people who live with their family. The improvement is clear.

Identification

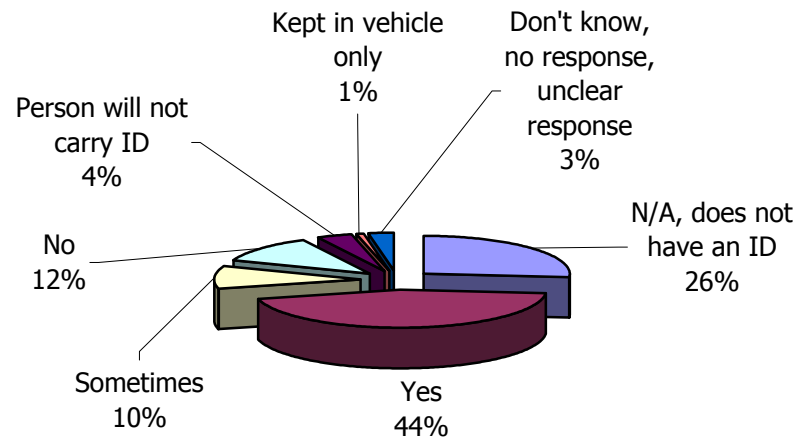
Do you have a photo ID with your address on it?



If yes, would you show me? Does it have your current address on it?
(2005-2007, not asked in 2008)



When you go out, do you carry a photo ID with your address on it?



Identification, continued

Comments:

- Do you have an ID?

Average 2001-2004: No - 25% Average 2005-2008: No- 25.64%

- Very few people supported by RICLAS have IDs

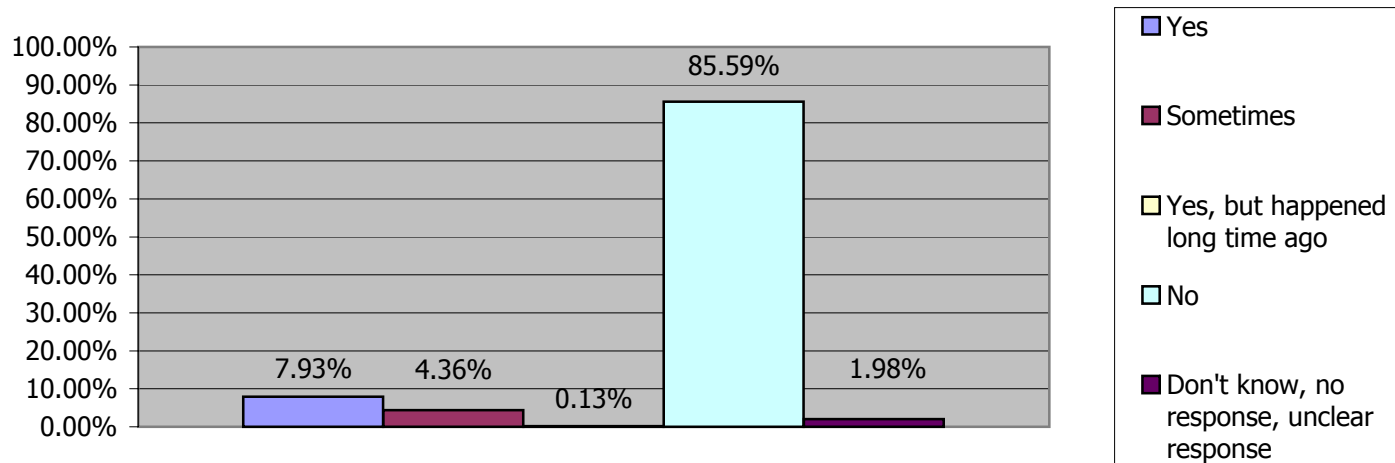
- Most other agencies do assist people in getting state IDs. Often a person's ID is kept in the office

- PAL feels, for each person's safety, when they leave home they should have a picture/address ID. This ID does not need to be a RI ID, it can be created on business card stock with a photo, address, emergency contact information. If a person will not carry their ID, a support person can.

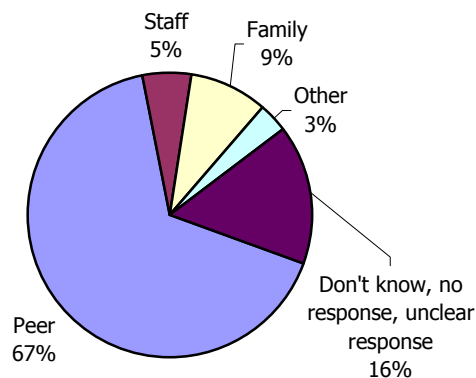
- Almost all adults carry a type of ID for many reasons but for one important reason: a medical or safety issue with the person or their support staff while in the community

Mistreatment

Does anyone take your things without asking you first?



Who takes your things without asking first?

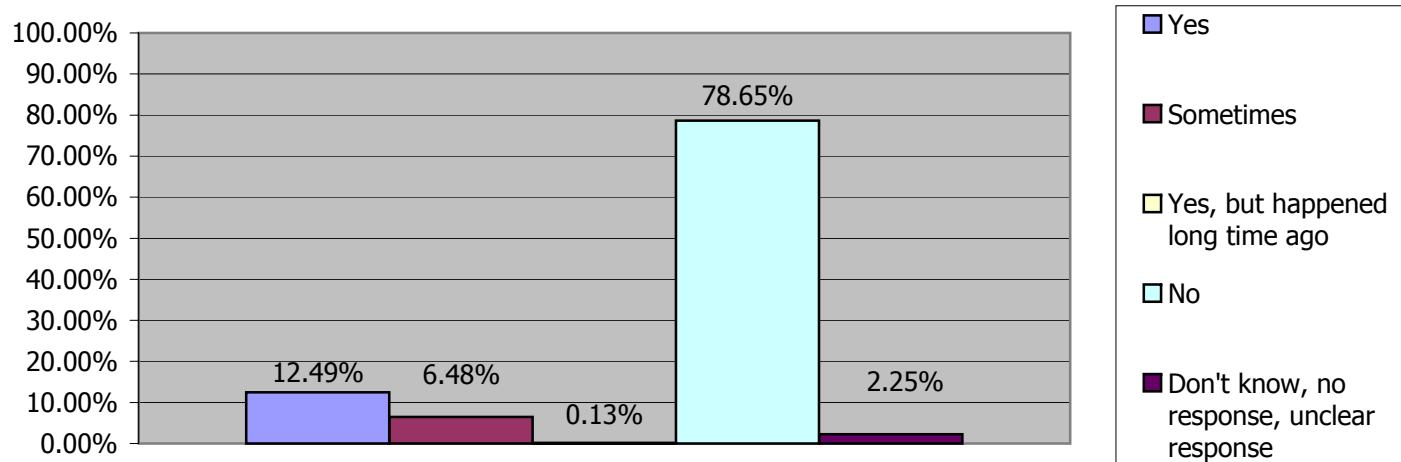


When someone took your things without asking, what did you do? (Multiple answers possible)

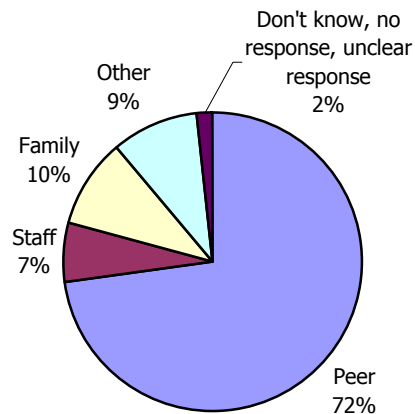
Tell case manager, agency administration	39.84%
Tell family	11.38%
Would choose to do nothing	9.35%
Get away, walk away	8.13%
Unable to respond in any manner	7.72%
Tell person directly	3.25%
Tell paid support staff or workshop supervisor	1.22%
Let others know by person's actions	1.22%
Call police	0.00%
Other	10.16%
Don't know, no response, unclear response	7.72%

Mistreatment (continued)

Does anyone ever do mean things to you, such as yell at you?



Who is mean to you or yells at you?

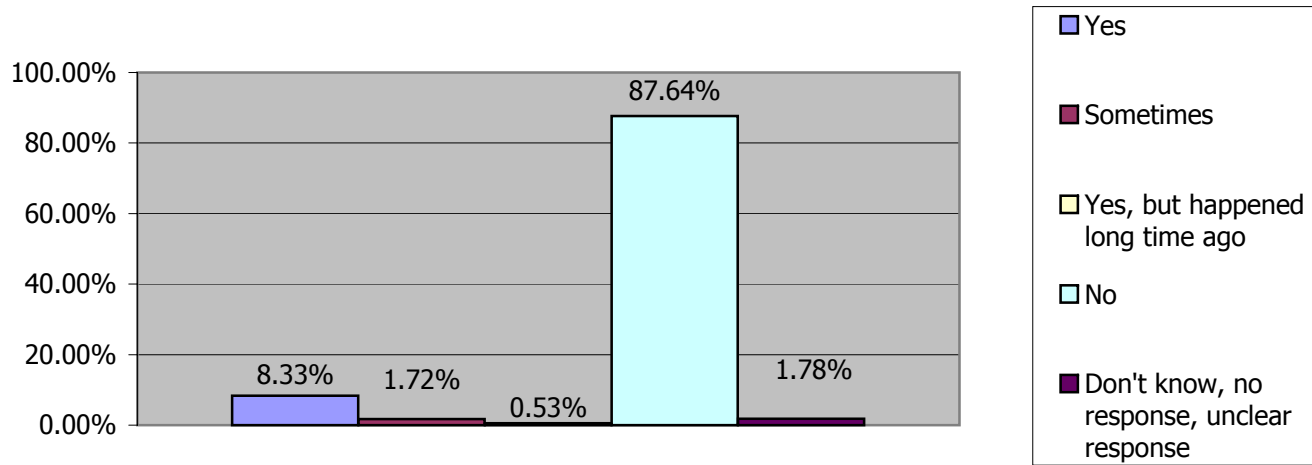


When someone did mean things to you, what did you do?
(Multiple answers possible)

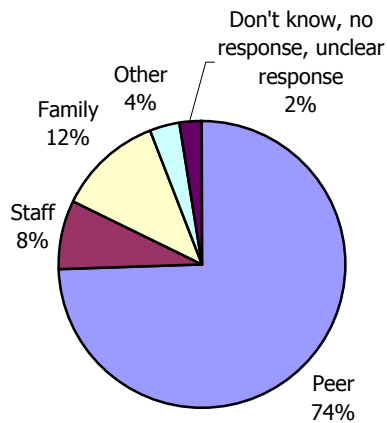
Call police	35.07%
Get away, walk away	12.80%
Unable to respond in any manner	12.09%
Let others know by person's actions	9.48%
Tell case manager, agency administration	6.87%
Tell family	4.98%
Tell paid support staff or workshop supervisor	2.84%
Would choose to do nothing	1.42%
Tell person directly	0.24%
Other	0.95%
Don't know, no response, unclear response	13.27%

Mistreatment (continued)

Does anyone ever hit or hurt your body?



Who hits or hurts your body? (Multiple answers possible)

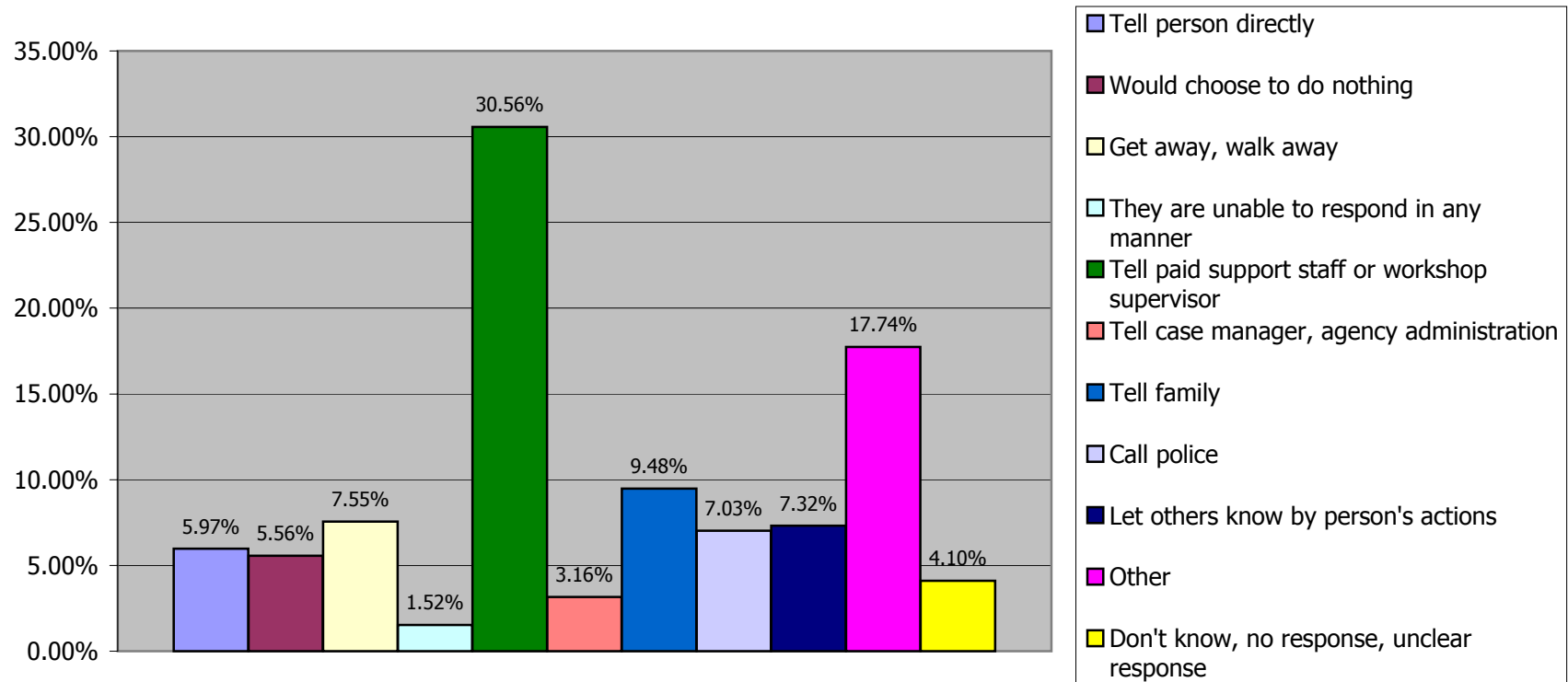


When someone hit or hurt your body, what did you do? (Multiple answers possible)

Tell paid support staff or workshop supervisor	37.33%
Tell family	8.76%
Tell person directly	8.29%
Get away, walk away	7.83%
Would choose to do nothing	6.45%
Tell case manager, agency administration	3.69%
Call police	3.69%
Let others know by person's actions	2.30%
Unable to respond in any manner	1.38%
Other	15.21%
Don't know, no response, unclear response	5.07%

Mistreatment (continued)

If someone does something mean to you now, like takes your things, yells at you or hits you, what would you do? (not asked in 2005)



What did you do then.... and what would you do now?

Using the 3 types of mistreatment and how people responded to the mistreatment when it happened.

If you are mistreated in the future, what would you do?

Response	Percentage (Then)	Percentage (Now)
Tell staff or agency	35.80%	25.62%
Address the person directly	10.35%	6.07%
Would choose to do nothing	8.71%	6.01%
Tell family/friends	8.59%	9.24%
Walk or get away	7.07%	6.78%
Let others know by actions	2.79%	7.89%
Call the police	1.94%	6.84%

Comments on Mistreatment

Comments:

- Mistreatment issues are reported to agencies and DDD social workers on the visit summary form.
 - Almost all mistreatment issues were followed up on with agency or social worker.
 - Most reports at our visits had been handled.
 - When needed, the Office of Quality Assurance was notified.
- Peer to peer mistreatment issues are the majority, and this occurred so often, PAL followed up with agencies to find out what was in place to help reduce this so that people could work and live in places free of abuse.